

The CSSD Journey in Pakistan

The Past, Present And
It's Future

About the Speaker

- **Sarfraz Ghulam** by profession is the Manager of CSSD, that worked to establish the importance of good CSSD practices in **Pakistan**.
- He also help in **Initiate CSSD Courses** to educate **the Importance of CSSD**
- He is also the **Head of IAHCMM PK Chapter** and Proud **Board Member of WFH**

The Past Of CSSD In Pakistan...

- **Pakistan** will celebrate its 72nd independence, but we still lack basic requirements such as,
 - Clean Water
 - Transportation
 - Education
 - Especially Basic Health Care Services.
- People were succumbing to infectious diseases, causing a serious threat to public safety, all due to lack of **CSSD** .
- As suggested by a survey conducted by **CDC**, infection is a major cause that contributes Death Toll in most 1st Countries. Now imagine the condition in a 3rd world Countries.
- **CSSD** in the past played a considerable role in spreading SSI, HEP B, HEP C and other bloodstream infection due to the negligence in understanding the Importance of properly trained and educated health care worker especially in the field of CSSD

In the Beginning...

Instruments Cleaning
Basin



In the Beginning...

The Famous Sterilizer...



In the Beginning...

The Famous Sterilizer...



In the Beginning...

- From **1947** to **2010** no training institutes were initiated to produce qualified **CSSD** personnel and meet the caring need of health care industry in Pakistan .
- Most of the people that were handling **CSSD** services, were uneducated and unskilled worker.
- Due to the misinformed management, they mostly hire **kitchen helpers** or other **sanitary workers** to 'clean' the instruments.
- Misinformed management and societal influence created a dilemma of CSSD being a 'cleaning' job that should only be done by lower class worker.
- This dilemma of stereotyping **CSSD** created a 'feeling' that **CSSD** is meant for lower class worker in the workplace, it does not carry any respect , any money ,no hope or aspirations for any future, all because you worked in field of **CSSD** .
- Things needed to be changed so we have took an initiative to start educating Ourselves first and then others by starting **CSSD training program** in 2010.
- It was the first of its kind in Pakistan

Starting the Training...

In the Beginning, the initiative was broken into two parts.

The First part was called Program 1.

- This program was started for CSSD Personnel who already worked at CSSD with plenty of experience but not any theoretical knowledge no basic updates

Training Methodology

- We give them eight week study orientation
- pre study tests
- Study material
- Notes
- Study Links
- work book
- Classroom Presentations .
- Prepared for CRCST /CBSPDT certified Tech and Competency diploma

We start two types of Training

- Program .2
- This program was started for new personnel who have 12 year education ,
CSSD personnel
who already worked at CSSD with plenty of experience
- For health care worker who have interesting full time study in field of CSSD and
want to be come
- Certified CSSD technicians
- This program has accredited with Medical Faculty / health university who is
responsible
- Training Methodology
- We give them 60 weeks study orientation
- 1. pre study test 2. Study material 3. Notes
- 4. Study Links 5. work book 6. class room
- 7. Hand on workshops 8. Seminar, conferences on CSSD and Infection control
- Different departmental orientation
- Hand on practices in CSSD

Conclusion

- We play major role to minimize SSI Infection
- Now we have qualified CSSD worker in health care market ,who has qualified from governments health care authorities
- Now we have produce 80 Medical Faculty's Certified Technicians .
- 60 Certified CRCST / CBSPDT Technicians
- 90 Competence based diploma technicians who has work nationally and internationally

- now they have better opportunity for future education ,
- A part of hospital reputation enchantment team
- Better knows his role and responsibility