



UAE National AMR Action Plan

Najiba M Abdulrazzaq Internist Head of medical department, Al Kuwait Hospital Dubai National AMR Committee Chair

AMR and the SDGs



10m

deaths

by 2050

Costing

£66

trillion

AMR strikes hardest on the Poor-treatment of resistant infections is more expensive

Untreatable infections

- 6 CLEAN WATER AND SANITATION
- Antibiotic residues from hospitals, Pharma companies and agriculture contaminates water



All of which require multistakeholder partnership

2 ZERO HUNGER



NO Poverty

in animals threatens sustainable food production for our growing population.

Antimicrobials

components

of all health

systems

are fundamental



predicted to be US \$100 trillion by 2050





It's crucial to balance access, innovation, conservation of antimicrobials to contain AMR.



Source: WHO

Global Action Plan: Priority areas



GLOBAL ACTION PLAN ON ANTIMICROBIAL

RESISTANCE

UAE AMR Committees: Structure (2019)



Relevant Stakeholders

- Federal Ministries
 - Ministry of Health and Prevention (MOHAP)
 - Ministry of Presidential Affairs (MOPA)
 - Ministry of Climate Change and Environment (MOCCE)
- Regional Health Authorities
 - Department of Health Abu Dhabi (DoH)
 - Dubai Health Authority (DHA)
- Regional Animal/food authorities
 - Abu Dhabi Food Control Authority
 - Dubai municipality
- Universities
 - United Arab Emirates University (UAEU)
 - Gulf Medical University (Ajman)
 - RAK university
 - Private sector





SWOT Analysis

- More than 70% of facilities have international accreditation
- Report to GLASS
- Test food for Pathogenic organism, imported food tested for AB residue
- Hospital standard mandate IPC and soon ASP
- No antibiotic dispensing without a prescription
- Many facilities with strong ASP&IPC

 Research and SDG encouraged



- No national reference lab
- Data mainly Abu Dhabi and Dubai
- Limited AMR surveillance in animal
- No national coordination for IPC nor ASP
- ASP is still fragmented in hospitals
- Need to audit implementation

- Population mainly expats
- Sustainability is a issue
- Different cultures and health background to deal with

Strategic Plan

- •Mandate has been issued for national AMR committee that is multisectorial
- Political support achieved



- NAP AMR has been developed awaiting all sectors approvals
- Collaboration between human sector, food, animal and environment
- Budget to be allocated

AMR Education and awareness

- School
- Universities
- Healthcare workers
- Veterinarian, food and environment
- Public



1. Improve awareness and understanding of AMR

Risk Communication

Education

Awareness in Schools and Universities

- Ministry of Education to include AMR and Hygiene education in all school curricula
- Development of the core elements of AMR/Hygiene material to be included in school curricula
- Define the core components of educational material that should be included in different **university** curricula



Antibiotic resistance poses a **BIG THREAT** to global health

Healthcare workers Education



- Create a platform for broadcasting all the activities of the different axes of the AMR NAP- soon on MOHAP & MOCCAE website
- Mandate for basic AMR education for all hospital staff in human, veterinary, food, agriculture and environment sectors upon employment and on yearly basis
- AMR Education will be requested for licensing and relicensing of health-related professions in human health, veterinary, food, agriculture and environment sectors



AMR for Public Awareness

- media material for all communication channels:
 - TV/radio spots
 - Phone waiting time entertainment
 - SMS messages
 - Social media
- a year long schedule for broadcasting messages on national TV and Radio, social media (pop ups on Facebook, Instagram, etc.)
- Mandate from MOHAP to municipalities and from MOCCAE to farmers' centers to do yearly mandatory session per each municipality or farmer center or ministry about AMR and hygiene
- Public figure associated with AMR awareness



2018 Awareness activities

- Big Screen the Emirates Airline Dubai Rugby Sevens:
- numbers of people each day who viewed 19 000 on Thursday 39 000 for Friday 37 000 for Saturday
- Radio interview that was broadcasted every hour on the news updates
- 2 TV interviews for awareness in Public Programs
- " sabah elkhair Dubai" on Dubai TV and in News Update in Fujairah TV
- Dubai Frame was let in Blue for WAAW
- MOHAP social media were broadcasting messages.





Social media campaign

Campaign main objective was to grab **quantitative data** about UAE residents and citizens and their percentage of awareness about Antibiotic Resistance

Also, provide audience with medical facts and advices to raise their awareness about the **seriousness of Antibiotic Resistance**

How we reached our audience?









Other activities

Radio Campaign

dubaleye 103.8

Total **Spots**

10 Spots

Total Reach

~ 400 K

Fatma college of health sciences Aim Raise awareness (AMR) and (ASP) efforts among higher education undergraduates and teaching faculty in health sciences field.

FCHS faculty staff members and Target Audie pharmacy undergraduate students nce

Offered activities

Uni

- Video presentation about AMR.
- **Oral presentations titled;** 2.
 - (Antibiotic Resistance: a Race Against Time)

(Antimicrobial Stewardship Program (ASP), Corniche Hospital Experience)

Antibiotics jeopardy game for 1. undergraduate pharmacy students

MBRU

Research project on crisis of antibiotics usage in the UAE by 3rd Year MBBS student 41% of viral infections in 349 children received AB Augmentin was the highest 35.6%



AMR surveillance

- Organization of manpower to carry on the activities of AMR surveillance axis in humans and animal
- Standardize AMR surveillance across all participating laboratories
- Stepwise capacity building plan for the hospitals that are not ready for inclusion in GLASS
- Generate local surveillance report that will direct professionals in putting local guidelines
- Generate a stratified surveillance report of data from:
 - Community vs. hospitals
 - Tertiary vs. primary care
 - Different Emirates
- Surveillance of the burden of AMR such as %HAI with MDROs

2. Strengthen knowledge through surveillance and research

> National AMR surveillance

Laboratory capacities

Laboratory capacities

UAE AMR Surveillance Sites: Geographical distribution



All seven Emirates are represented

UAE National AMR Surveillance System, 2019

National reference laboratory



- Currently there is no NRL-AMR
- Building laboratory capacity for all related sectors
- Proposed functions and required methods have been identified
- ADFCA has proposed to act as NRL for animal/food sector for AMR
- Plan to include AMR refence lab for Human in the national Public Lab in Abu Dhabi
- Collaboration between NAP steering committee, MOHAP and universities regarding research in AMR surveillance

Infection prevention and control

- Establish IPC/AMR Department in MOHAP to oversee all activities in all Emirates in all fields (human, veterinary, food and environment)
- Assigned focal points in different sectors of the country:
 - climate change and environment
 - human sector including the MOHAP, DoH, DHA and private
- Establish /adopt national IPC guidelines
- Capacity building for the personnel in charge of IPC at hospital/emirate/national levels





Infection prevention and control

- Mandate that all healthcare staff have basic IPC training as pre-requisite for work
- Mandate from Ministry of Higher Education to include **IPC in undergraduate training** of nurses, physicians, allied health providers, veterinary care providers, and food handlers
- Universities to provide IPC diplomas or master's programs and include IPC in research agenda
- licensing authorities to include IPC prerequisites (inclusive programs, on line training) for licensing & relicensing of health professionals



Infection prevention and control

- Mandate already published for IPC program as a requisit for licensing and relicensing of hospitals
- IPC for in long term care facilities (LTCF)
- Adopt/adapt international or regional guidelines
- Conduct surveillance of HAI:
 - Process indicators:
 - Hand Hygiene
 - Bundles for SSI, CAUTI, CLABSI and VAP
 - Outcome indicators:
 - SSI, CAUTI, CLABSI and VAP



Infection prevention and control in animal/food/environment

- Establish inter-ministerial communication regarding AMR and IPC
- Review and adaptation of biosafety legislation in veterinary world, agriculture and food safety to cover all aspects of IPC
- Present a detailed report about the applied biosafety
- Monitoring of the application of biosafety laws and the identified gaps if any





IPC Programs at Designated Hospitals

Component	МОНАР	HAAD	DHA
Availability of functioning IPC policy& SOPs	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Availability of isolation units at tertiary hospitals.	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Availability of guidelines for the protection of HCW from HAI	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Availability of surveillance within high risk groups to detect cluster of HAI	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Availability of designated IPC professionals in all tertiary hospitals.	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Availability of system to regularly evaluate the effectiveness of IPC program	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$

Antibiotic Stewardship

- National sub-committee represents different healthcare sectors including MOHAP, DoH, Abu Dhabi, DHA and private healthcare facilities, in addition to the veterinary, agriculture and environment
- To mandate ASP as part of executive responsibilities
- ASP mandated (Abu Dhabi) March 2016
- Promote self-governance by requiring strong commitment from hospital leadership offering support to ASP activities
- Legislation for ASP to be a requirement in licensing standards of hospitals (soon)



Antibiotic Stewardship - hospitals

- Surgical antibiotic prophylaxis is in its final stages of approvals
- Mandate to hospitals to report to national AMR committee the KPI results of surgical antibiotic prophylaxis
- Develop national guidelines for common infections UTI in the final stages.
- Surveillance of antibiotics use in humans will start next week
- Audit of baseline situation of ASP in hospitals and follow up



Antibiotic Stewardship – outpatient clinics

- outpatient clinics should participate in ASP activities related to outpatients
- provide outpatient clinics with National Guidelines for common outpatient ID – UTI in the final stages
- ABX consumption or point prevalence







Antibiotic Stewardship – Animal/food sectors

- Laws for antibiotic use in animals
- Quantify and trend antibiotic use in the veterinary practice
- Improve the awareness of veterinarians and farmers on the use of antibiotic
- Submit a yearly list of educational activities about antibiotic use in animals and agriculture through the country and use of alternatives
- Encourage research about alternatives to antibiotic in animals
- To present the results of antibiotic residue in food to ASP committee





ASP survey in Government Facilities



ASP survey in Private Facilities



Research

- Include IPC and ASP research in national research agenda
- Encourage Literature review of the impact of early diagnosis in ID and ASP on expenditure of antibiotics, length of hospitals stay and other hospital-related economics
- Conduct local studies on clinical and economic impact of ASP







Remember....

Antibiotics are a limited, precious resource

- Antibiotic resistance is happening now, and it's happening here
- Antibiotic Resistance threatens to return us to the preantibiotic era
- We all have a role to play in preserving the effectiveness of antibiotics
- If we don't all take action today

there may be no cure tomorrow...



Summary

- AMR is a problem in UAE as part of global problem
- National AMR committee has drafted a plan
- The Plan is based on WHO GAP AMR and has one health approach
- The plan is in its final stages of being a combined ministerial decree
- Together will fight AMR

MINIMIZING ANTIMICROBIAL RESISTANCE A B C D E F Therapeutics Diagnostics Surveillance Transmission Interventions Environment ENABLING ACTIVITIES

ANTIBIOTIC RESISTANCE THE GLOBAL THREAT

Antibiotic resistance – when bacteria change and cause antibiotics to fail – is happening RIGHT NOW, across the world

The full impact is unknown. There is no system in place to track antibiotic resistance globally





Without urgent action, man modern medicines could become obsolete, turning even common infections into deadly threats.

A GROWING CRISIS WORLDWIDE

In the EUROPEAN UNION, antibiotic resistance causes 25,000 deaths per year and 2.5m extra hospital days!



References

- WHO Global Action Plan on AMR
- CDC Core Elements of Hospital Antibiotic Stewardship Programs
- guidelines on core components of infection prevention and control
- AD AMR Surveillance System, AD public healthcare facilities (SEHA), 2010-2016



Thank You

najiba.abdulrazzaq@moh.gov.ae

